# Table of Contents

## A Responsible Life That Renews Itself

Before You Begin 6, Group Use 7, How To Complete Your Truthought Workbook Exercises 7, Keeping Track of Your Thinking 8, Way of Life Continuum 10

Glossary ........................................................................................................................................... 12

### 1 Checking My Thinking


### 2 Targeting My Thinking

Qualities That Earn Respect 35, Feeling Good versus Being Right 36, Being Responsible 38, Positive and Negative 40, Learning 41, Knowing My Limits 42, Being Right And Feeling Good 43, Influences 44, Give and Take Learning 45, Communication and Interest 46, Abuse and Intention 48, Tactics and Anger 50, Endurance 52, Old Way Out, New Way In 53

### 3 Committing to Culture

Proactive Accountability

Improving My Life 82, Taking Things For Granted 84, Can Or Can’t 85, Obligations 86, Who, Where, And What 87, A Closed Or Open Case 88, Me From The Inside Out 90, Reliability 92, The Truth About Me 93, Facing The Uncomfortable 94, Rational or Irrational 95, Common Goals 96, Using Others 97, Asking For Help 98, Blaming 99, Making It Through Tough Times 100, Sizing Up My Situation 101, Being Bigger 102, Old Way Out, New Way In 103

Making My Destiny

Targeting My Thinking
Influences

1. Explain how differences between people prevent them from reaching a common purpose.

2. What negative influences do you have in your life? List below:

3. How do you decide what are good and bad influences?

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You are not responsible for the programming you picked up in childhood. However, as you grow older, you are one hundred percent responsible for fixing it. – Ken Keyes, Jr.
Give and Take Learning

1. Can you think of things you have expected of others (family members, friends, employers, teachers, counselors, society etc.) that you did not give them in return?

List as many things as you can:

2. An open-minded person learns from others. Think of an ordinary person you know. List at least three or more things you could learn from that person.

Wisdom is often nearer when we stoop than when we soar.
- William Wadsworth

Today
- [ ] Responsible Thinking
- [ ] Irresponsible Thinking
- [ ] Arrestable Thinking
- [ ] Extreme Thinking

Total So far
- [ ] Responsible Thinking
- [ ] Irresponsible Thinking
- [ ] Arrestable Thinking
- [ ] Extreme Thinking