

Corrective Thinking (Truthought)

Florida DJJ Ranking: Practice with Demonstrated Effectiveness

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Overview: The Corrective Thinking curriculum has a foundation in the work of Yochelson and Samenow (1977). All individuals have errors in thinking. A person who is responsible has the ability to identify their erroneous thought patterns and alter their cognitions while the irresponsible person will inflate their thinking errors and engage in criminal conduct. The Truthought method attempts to recognize problematic thoughts and behavior while generating positive solutions. The program concentrates on the identification of inappropriate thinking and how to adjust these thought patterns. Thinking barriers are then substituted with correctives. The curriculum involves youth in activities which identify nine thinking barriers and associated correctives.

Location: Roscoe, IL

Proven Recidivism Reduction: No

Criminogenic Need: Antisocial attitudes

Population: Male and female juveniles 12 years of age and older

Treatment Setting: Community-based or residential

Modality: Cognitive behavioral in a group format

Training: 3-day Truthought Certification Training (21 hours)

Certification: Certified Truthought Corrective Thinking Practitioner (TCTP)

Facilitators: No degree requirements

Fidelity: No checklists available, check Truthought website for updates

Bibliography: Hubbard, D., & Latessa, E. (2004). Final Report: Evaluation of Cognitive-Behavioral Programs for Offenders: A Look at Outcome and Responsivity in Five Treatment Programs. Ohio Office of Criminal Justice Services.

Hubbard, D. (2002). Cognitive-Behavioral treatment: An analysis of gender and other responsivity characteristics and their effects on success in offender rehabilitation. Unpublished dissertation, University of Cincinnati.

Hudson, J. (2001). Perceived factors leading to a lack of recidivism among juvenile offenders. Unpublished Master's thesis, Northern State University.